

The University of North Dakota Experience



About UND



Located in Grand Forks in the heart of the Red River Valley, the University of North Dakota is the largest and most diversified institution of higher learning in a three-state region. One of only 46 public institutions with both a law school and a medical school, UND consistently ranks by most measures as one of the top 150 universities in the United States. Its nearly 13,000 students – including about 2,000 graduate students – come from every state in the union and more than 50 countries.



Students:

- 12,954 students in 2005-06
- 51.9% men, 48.1% women
- 1,995 graduate students
- 225 law students
- 236 medical students
- 54.3% North Dakota residents
- 28.4% Minnesota residents
- 2.7% from other nations
- Nearly 1% from Canada
- 22.3: Average of undergraduate students
- 33.7: Average of graduate students
- 28.8% live in on-campus housing
- 3.9% live in fraternities and sororities

Quick Facts:

- Founded in 1883, six years before North Dakota became a state.
- There are 15 residence halls, 800 student apartment units, 20 fraternities and sororities.
- UND has over 200 student organizations.
- The *Dakota Student*, the official publication of UND, was first published in 1888.



Spreading out from the banks of the scenic English Coulee, the 549-acre University of North Dakota campus has been nationally recognized for its landscaping and beauty. The 223 buildings demonstrate both a classic university-setting architecture blended with more modern-looking facilities in the futuristic Center for Aerospace complex. This year UND is completing a \$20 million Wellness Center, and starting both a \$20 million state-of-the-art residence hall and a \$20 million parking ramp.

About the Fighting Sioux nickname and logo

The University of North Dakota adopted the name "The Fighting Sioux" for its athletic teams in the 1930s and uses an American Indian head representation as its symbol. The name was adopted to honor the first inhabitants of the region and because the Sioux warriors were the most courageous of all warriors. The great Sioux Nation epitomized honor, courage, pride, over-

coming adversity and winning battles.

In 2000, the State Board of Higher Education reaffirmed the use of the Fighting Sioux as the nickname for UND's athletic teams. UND insists that the name be used in a completely respectful fashion both on and off campus to show respect for the American Indians and their proud and honored culture and heritage.



A UND Education



Notable Alumni

Tom Ambery, '46

World record holder with 2,750 consecutive free throws.

Maxie Anderson, '56

First to cross Atlantic Ocean, North American in balloon.

Sam Anderson, '69, '71

Actor, notably in *Lost*, *Forrest Gump*, *Friends*, *ER*.

Ed Belfour, '87

NHL goalie, second all-time in wins.

Jason Blake, '00

NHL player.

Ronald Davies, '27, '61

U.S. District Judge, ordered 1957 integration of Little Rock (Ark.) high schools.

Carl Ben Eielson, '21

Aviator, explorer, first to cross Arctic Ocean, Antarctica by plane

Ralph Engelstad

Las Vegas entrepreneur, casino owner

Terry Ingstad, '67

Known as Shadoe Stevens, replaced Casey Kasem as host of "American's Top 40", announcer for *Hollywood Squares*, *Late Night with Craig Ferguson*

Phil Jackson, '67

NBA player and coach, Los Angeles Lakers

Chuck Johnson, '48

Sports writer and author

Rick Kelleher, '69

Known as Don Bleu, host of *The Gong Show*.

Cora Smith King, 1889

One of first graduates, firstwoman to pass N.D. state medical examination, perform surgery

Chuck Klosterman, '94

Writer for *Esquire* magazine, author of three books.

Irv Kupcinet, '35

Chicago Sun-Times columnist

Karen Nyberg, '94

NASA astronaut

Fritz Pollard, Jr., '39

Olympic medalist

Sally (Wold) Smith, '80

President and CEO of Buffalo Wild Wings Grill and Bar

Edward K. Thompson, '27, '58

Writer, editor of *Life* Magazine, publisher of *SMITHSONIAN* magazine.

Era Bell Thompson, '29, '69

Author, editor and journalist for *Ebony* magazine

With more than 180 programs of study, including an internationally recognized aviation and aerospace program, UND has a vast array of educational choices. The University is characterized by a solid foundation of the liberal arts surrounded by a constellation of professional programs, a manageable size, high-quality students and faculty, a varied curriculum, nine colleges and schools, a widely recognized program of graduate education and research, rich cultural resources, and an outstanding record of alumni support.



UND was named 14th in "The Top 25 Most Highly Entrepreneurial Undergraduate Universities" in the country by Forbes.com and The Princeton Review. UND also was ranked 19th in the country on The Princeton Review's list of the "25 Most Connected Campuses." The UND School of Medicine and Health Sciences consistently ranks in the top 10 for rural health, and in the top 200 of institutions in general, according to *U.S. News and World Reports*.



UND offers 22 doctoral programs, the M.D. degree, the J.D. degree, masters degrees in 57 programs, and undergraduate degrees in 87 fields of study in nine degree-granting colleges:

- College of Arts & Sciences
- College of Business and Public Administration
- College of Education and Human Development
- Graduate School
- The John D. Odegard School of Aerospace Sciences
- College of Nursing
- School Engineering and Mines
- School of Law
- School of Medicine and Health Sciences



Administration



The tenth president of the University of North Dakota since July 1999, Dr. Charles E. Kupchella has continued to establish himself as one of the state's top higher education leaders and a champion for the role of higher education in helping the state to develop.

In the past year, for example:

- New program-to-program articulation agreements with two-year and tribal colleges throughout North Dakota and otherwise within a 250-mile radius of UND.
- Fall enrollment numbers showing a general increase over seven years, including the addition of some of the largest freshman classes ever at UND, even as North Dakota begins a period of declining numbers of high school students.
- Reallocating a portion of UND's base budget and new tuition-based resources to begin bridging the gap between faculty and staff salaries at UND and regional and national averages.
- Generating more than \$83 million in research grants and contracts.
- Implementing new programs and revising current programs in response to North Dakota's needs, such as a new bachelor's degree in business entrepreneurship and the state's first doctoral programs delivered off campus in Bismarck and Fargo.
- Continuing to work with outside partners to develop the "Bronson Property" – home to the Barnes & Noble Bookstore, the UND Family

Health Center and the state-of-the-art Ralph Engelstad Arena – into a University Village aimed at enhancing campus and community life and adding new sources of revenue. The land is described now as the most valuable piece of real estate in North Dakota.

Telling UND's story, seeking new partners and continuing to prepare UND for the future have continued to be priorities for Kupchella.

A native of Nanty Glo, Penn., Kupchella received his B.S. Ed. in biology with certification to teach biology and general science in secondary schools from Indiana University of Pennsylvania (1964) and his Ph.D. in physiology and microbiology from St. Bonaventure University (1968). He did post-doctoral research at the University of Illinois, Urbana in 1969.

Kupchella and his wife, Adele, both grew up in western Pennsylvania coal-mining towns. He was one of six children, all of whom earned college degrees (including three brothers with Ph.D. degrees). Kupchella met Adele (Kiel), one of ten children in her family, in college while he was playing in a band. They married in 1963. They have three children: Rick (Minneapolis), Michele Adams (Johnstown, Pa.) and Jason (Bowling Green, Ky.), and five grandchildren. An avid outdoorsman, Kupchella enjoys fishing and black-powder hunting. He also dabbles in art and photography, enjoys singing folk songs, and has even recorded a song.



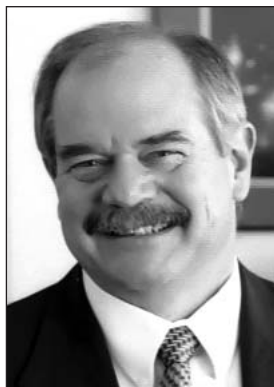
Charles Kupchella,
President

Greg Weisenstein is in his second year as the University of North Dakota's Provost and Vice President for Academic Affairs.

As Provost, Weisenstein is the senior academic administrator. As UND's Vice President for Academic Affairs, Weisenstein directs the academic division of the largest institution of higher learning in the Dakotas, Wyoming and northwestern Minnesota.

Weisenstein came to UND from Montana State University, where he has served as Dean of the College of Education, Health and Human Development since 1999.

Weisenstein's academic credentials include four books, over 80 articles, and 150 major presentations on scientific and management topics. He has served on four U.S. Presidential committees through the Department of Labor and during the past 15 years has generated more than \$15 million in grants and contracts in the fields of education, labor, and international program development.



Greg Weisenstein,
Provost and
Vice President
for Academic
Affairs

Tim O'Keefe's connection with the University of North Dakota goes back to the early 1900s when his grandfather was on campus. Those strong ties have made a very large impression on Tim himself.

In 1971 Tim joined the UND alumni family earning a bachelor's degree in education. He has since served as a member of the Athletic Advisory Board, National Alumni Council, Regional Alumni Council, and Alumni Ambassadors. He was also an alumni representative to the Intercollegiate Athletic Board of Control.

O'Keefe now serves as Executive Vice President of the UND Alumni Association, which connects classmates with each other and their alma mater, and UND Foundation, an umbrella organization for alumni and private support for the ongoing growth and development for the entire University of North Dakota campus.

Every day Tim leads the charge to strengthen the University of North Dakota for generations to come.



Tim O'Keefe,
Executive Vice
President of the
UND Alumni
Association

Athletic Department



Tom Buning,
Athletic Director

Tom Buning, in his second year as the director of athletics at the University of North Dakota, has wasted no time making an impact on the athletic department.

Committed to all that's special about UND athletics; proud tradition, great fans, and student athletes who thrive on competitive and academic success, he brings to the position the ability to get you fired up about being at UND. Those who have met Tom and Debi, his wife, instantly sense that the Bunings have never met a stranger and are happy to call Grand Forks their home.

Selected by President Kupchella to lead UND's

athletic department during what has already proven to be a very exciting and dynamic time in its history, Buning hit the ground running and created a long list of accomplishments since his arrival.

In response to projected budget shortfalls for his first year on the job, Buning reorganized the department and executed several cost savings and revenue generating initiatives that closed the gap, while his new team prepared a balanced budget for the following year.

The President's Strategic Plan for the University provided the next challenge – formation of the NCAA Classification Study Task Force. Buning who served as a key member, helped produce the documentation needed for President Kupchella to announce UND's intent to reclassify the entire athletic department to Division I, moving 18 Division II sports up to join its nationally recognized men's and women's hockey programs. With an eye on the future, Buning initiated an Athletic Facilities Master Plan Study that will identify and prioritize UND Athletics facilities needs for all sports and their location on campus. These facilities will be critical to the successful recruitment of both the best student-athletes and coaches alike.

The athletic year included winning the NCC Commissioner's All Sport Competition. Sioux fans cheered as 14 of 20 sports represented UND in NCAA postseason play.

Academically, UND athletes combined to attain an average GPA greater than 3.0 for the 16th time in the past 17 semesters. Ten student athletes were awarded **Academic All-District** and five student athletes were awarded **Academic All-American!**

Fans and alumni from coast-to-coast will be able to follow UND Athletics in the new academic year on radio, TV and feature content on an updated UND Athletics website: www.fightingsioux.com.

"Our Mission remains unchanged for the near term," says Buning. "We are totally focused on winning cham-

ionships 'the right way', while we develop our student athletes to grow in character, ethical conduct and sportsmanship."

Retired as a Lieutenant Colonel after 24 years of service in the Army, Buning, 47, came to UND after serving as associate athletic director at the United States Military Academy.

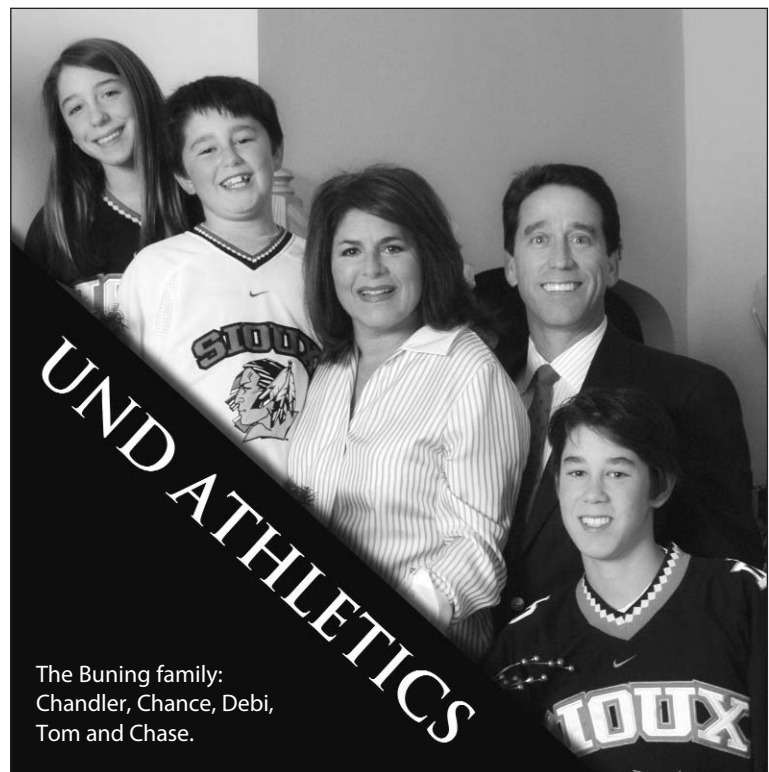
During his tenure at West Point, Buning served as the director of operations and facilities for 25 teams with responsibility for all buildings and athletic fields. He also supervised all athletic support services, including event management and staffing, team support and athletic equipment operations.

At Army, Buning led the development of a master plan for new and upgraded athletic facilities, which were integrated into the Academy's first-ever \$220 million fund-raising campaign, resulting in more than \$100 million to support athletics.

An Orlando, Fla., native, Buning is a 1981 West Point graduate and earned his master's degree in engineering management from the University of Missouri-Rolla in 1994. He holds an executive management diploma from the U.S. Army Command and General Staff College and a Senior Executive Management Diploma from the Armed Forces Staff College.

Buning has served overseas and is a decorated combat veteran. He has been awarded the Legion of Merit, the Bronze Star and three Meritorious Service Medals, as well as the Bronze Order of the deFleury Medal from the U.S. Army Engineer Association. Buning is a former world class athlete in the pentathlon, having twice qualified for the U.S. Olympic Trials and competed in 16 World Cup competitions. He also competed as a swimmer during four years of college.

Tom and Debi, have three children – son Chase, 16; daughter Chandler, 13; and son Chance, 10.



The Buning family:
Chandler, Chance, Debi,
Tom and Chase.

Athletic Department



Betty Ralston

Associate Athletic
Director for Compliance
and Student Life/SWA



Mike Schepp

Assistant Athletic
Director for Operations



Cory Hilliard

Assistant Athletic Director
for Business Operations



Dan Benson

Director of
Media Relations



Chris Lee

Director of Marketing



Phil Harmeson

Faculty Athletic
Representative
(FAR)

Phil Harmeson (UND, '83) is the Faculty Athletic Representative at the University of North Dakota. He serves as UND's FAR in the NCAA and Western Collegiate Hockey Association (WCHA).

Harmeson served as chair of the WCHA during its 50th anniversary season and was also chair of the Executive and Finance Committee of the NCC during the 2001-02 season. He currently serves on the Structure and WCHA Final Five Tournament Committees in the WCHA.

Harmeson is a fourth generation North Dakotan who graduated from Grand Forks Central High School. He earned his undergraduate degree from Lee University (Tenn.) in Natural Science in 1975, and his master's degree in Educational Administration and Supervision from the University of Tennessee in 1978.

Harmeson is a tenured faculty member in the Accountancy Department in the College of Business and Public Administration. After serving as Associate Dean of the College, President Charles Kupchella appointed him to his cabinet in July, 2000, to assume duties as Senior Associate to the President.

Harmeson and his wife, Bonnie (UND '91), are the parents of two daughters, Angie (Harmeson) Wood (UND '01, '05) and Brianne (UND '05).



Steve Brekke

Director of Athletic
Development



Jeff Bowen

Development Officer,
UND Alumni



Sarah Newgard

Director of
Fighting Sioux Club

Please contact Jeff Bowen (701-777-2633) regarding hockey development, Steve Brekke (701-777-6426) regarding all other athletic development and Sarah Newgard (701-777-4216) regarding Fighting Sioux Club membership.

Athletic Department Staff - General line: 701-777-2234

Unless noted, all phone numbers begin with 77 followed by the 7-XXXX Number, and are all in the 701 area code.

ADMINISTRATION

Athletic Department	7-2234
Buning, Thomas (AD)	7-2234
Ralston, Betty (Assoc. AD)	7-4036
Schepp, Mike (Asst. AD)	7-3100
Hilliard, Cory (Asst. AD - Business)	7-3481
Brekke, Steve (Athletic Development)	7-6426
Austreng, Deb (Exec. Asst.)	7-2794
Hopman, Bev (Office Manager)	7-2713
Beiswenger, Debbie (Asst. Bus. Mgr)	7-3366
Newgard, Sarah (FSC)	7-4216
Petrik, Lora (Special Events)	7-6067

CHEER TEAM

Eberhardt, Amber	7-2685
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MARKETING & PROMOTIONS

Lee, Chris (Director)	7-4210
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MEDIA RELATIONS

Benson, Dan (Director, Media Relations)	7-2985
Hajdu, Jayson (Asst. Dir.)	7-2986
Schill, Matt (Publications Editor)	7-2668

SPORTS MEDICINE

Westereng, Steve (Director)	7-3886
Paine, Robin (Physical Therapist)	7-4845
Poolman, Mark (Asst. Trainer)	7-3107
Rudd, Jim (Asst. Prof.)	7-3102
Seeger, McKynsay	7-6147
Ziegler, Cathy (Physical Therapist)	7-4846
Hunt, Erika	7-0723
Dornick, Marshall Templeton, Sara	

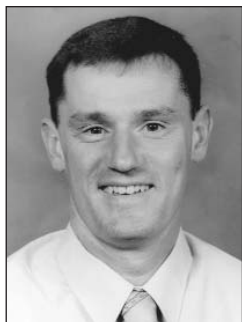
STRENGTH TRAINING

Nessland, Jared (Head Coach)	7-4035
Peterson, Quinn (Asst. Coach)	7-2063

TICKET OFFICE

Reardon, Heather (Box Off Mgr.)	7-4694
Ticket Office (REA)	7-0855

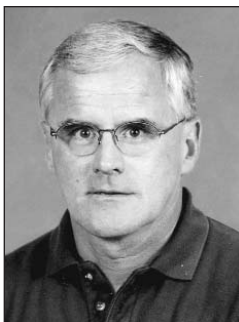
Head Coaches



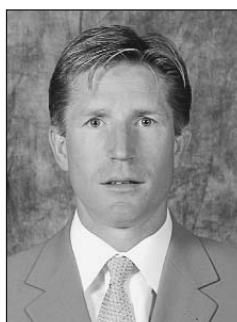
Dick Clay
Women's CC/Track



Dan Frei
Women's Golf



Mike Grandall
Men's CC/Track



Dave Hakstol
Men's Hockey

Area Code: (701)

Dick Clay, Women's Cross Country/Track and Field
Phone: 777-2979

Dan Frei, Women's Golf
Phone: 787-5464

Mike Grandall, Men's Cross Country/Track and Field
Phone: 777-2973

Dave Hakstol, Men's Hockey
Phone: 777-3118

Brian Jones, Men's Basketball
Phone: 777-2974

Dale Lennon, Football
Phone: 777-4192

Tracy Marback, Softball
Phone: 777-4952

Katy Peterson, Volleyball
Phone: 777-2508

Shantel Rivard, Women's Hockey
Phone: 777-6490

Gene Roebuck, Women's Basketball
Phone: 777-2980

Maviael Sampaio, Men's and Women's Swimming
Phone: 777-2766

Rob Stiles, Men's Golf
Phone: 777-2155

Brian Strom, Men's and Women's Diving
Phone: 777-4451

Brock Thompson, Soccer
Phone: 777-3684

Kelvin Ziegler, Baseball
Phone: 777-4038



Brian Jones
Men's Basketball



Dale Lennon
Football



Tracy Marback
Softball



Katy Peterson
Volleyball



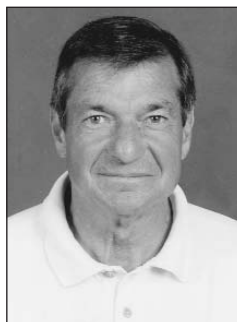
Shantel Rivard
Women's Hockey



Gene Roebuck
Women's Basketball



Maviael Sampaio
Swimming



Rob Stiles
Men's Golf



Brian Strom
Diving



Brock Thompson
Soccer



Kelvin Ziegler
Baseball

Facilities



Hyslop Sports Center

Hyslop Sports Center is home to North Dakota's swimming and diving teams as well as the administrative offices for the UND Athletic Department. The original fieldhouse was built in 1951, with a multipurpose gym and natatorium, featuring an eight-lane, 50-meter swimming and diving pool, being added on in 1982. The facility also houses 12 racquetball courts, two weight rooms and a training room.

Hyslop Pool

Hyslop Pool has been home to the long-time reigning NCC champion swimming and diving teams. Host to three NCAA Division II championships (1992, 1996, 2003). Hyslop Pool is among the finest facilities in the nation. A state-of-the-art Daktronics video board overlooks the eight-lane 50-meter pool with balcony seating.



Alerus Center

The Alerus Center, which seats 12,283, has been the home for Fighting Sioux football since 2001. Located just minutes from the UND campus, the facility includes 18 luxury suites and state-of-the-art scoreboards and video replay boards. The Alerus features an AstroTurf Magic playing surface that allows for rapid field conversion, with a playing surface with no seams. Locker rooms are adorned in UND colors and are dividable into four 25-locker sections. There are also dressing rooms for coaches and officials.

Facilities



Ralph Engelstad Arena

Ralph Engelstad Arena, which opened in 2001 and is one of the premier college hockey arenas in the nation, is home to the North Dakota men's and women's hockey teams. The arena seats 11,406 fans and is also used on occasion for Fighting Sioux home basketball games. Amenities include an eight-screen video scoreboard, an adjacent Olympic-sized practice rink, a 10,000-square-foot weight room and a padded leather seat for every spectator.



Betty Engelstad Sioux Center

The newest addition to UND athletic facilities, the Betty Engelstad Sports Center opened in 2004 and is the home for Fighting Sioux men's and women's basketball as well as North Dakota volleyball. The arena is widely considered the best facility of its kind at any NCAA Division II institution.



Facilities



Bronson Field

Bronson Field has been the home of North Dakota women's soccer since the team's inception in 1999. The natural grass field is located on campus, west of the UND Barnes and Noble bookstore.



Kraft Field

The baseball team plays its home games at Kraft Field, a city-owned stadium that includes bleacher seating for 2,000 in a picturesque setting with evergreens lining the outfield fences. Kraft Field hosted the NCC Baseball Championships in 1992 and 2004.



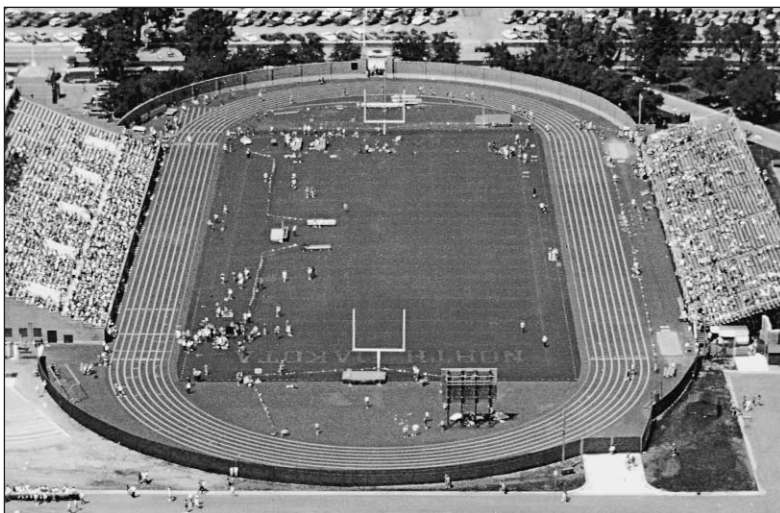
Ulland Park

The softball team plays its home games at Ulland Park. The softball complex, which is located on the south end of Grand Forks includes 16 playing fields.



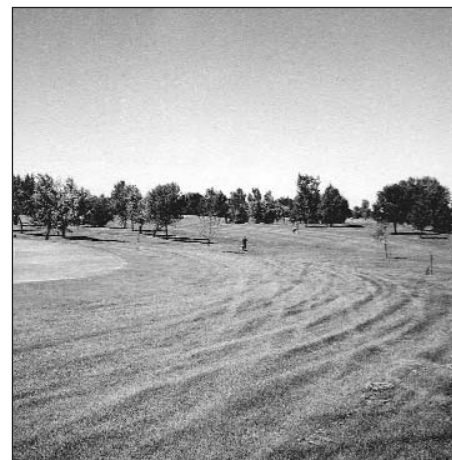
Center Court Fitness Club

The complex is owned and operated by the Grand Forks Park District and is the home of the women's tennis team. The facility has five indoor tennis courts.



Memorial Stadium

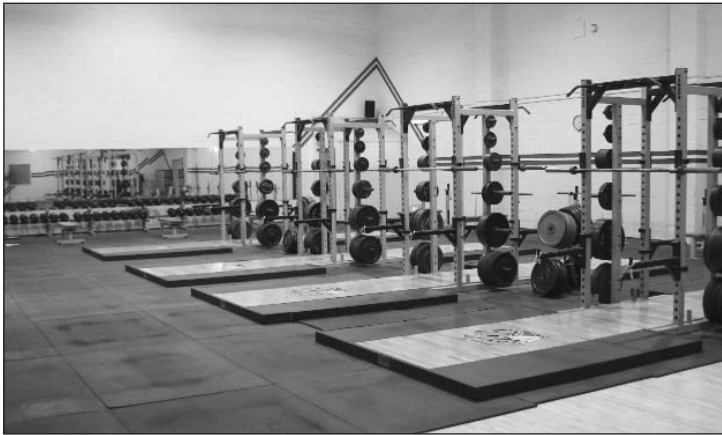
Memorial Stadium is the site of men's and women's outdoor track & field meets. The stadium opened in 1927 and has been the home track for all of the UND track & field greats.



Ray Richards Golf Course

Ray Richards Golf Course is home to the UND golf and cross country teams. The nine-hole par-36 course, which is next to the UND campus, is owned and operated by the university.

Strength Training



Strength and conditioning has developed into one of the most vital ingredients in any collegiate athletic program. The Sioux strength and conditioning program is designed to “build better athletes,” not to develop power lifters, Olympic weightlifters, or body-builders.

Sioux strength and conditioning trains the Fighting Sioux to play the game!

The University of North Dakota has some of the finest strength training facilities that provide a healthy and safe environment for Fighting Sioux athletes to become bigger, stronger, and more agile. Jared Nessland, Director of Strength and Conditioning, oversees the program and facilities.

The UND’s weight rooms offer Fighting Sioux athletes outstanding facilities in which to train and prepare themselves to compete for championships every year. The facilities include the Ralph Engelstad Arena weight room, the Memorial Stadium weight room, the Hyslop Sports Center weight room, and the Betty Engelstad Sioux Center weight room.

Nessland has one full-time assistant coach and two graduate assistant coaches to assist him. Together they direct and monitor the training of over 500 athletes in 20 sports at UND. The biggest change in athletics in recent years has been the rise of scientific training methods in weight training and fitness for enhanced performance in competition. Training has become a year-round activity, with a student-athlete spending as much time on physical development as any other part of their sport. Student-athletes follow either off-season or in-season programs, which are individualized specific to the athlete and sport. Off-season programs are five days a week, summer months included. In-season programs are typically 45-minute sessions, two to three days per week, all supervised by the strength and conditioning staff.

The weight training facility and equipment was provided with the assistance of Jim and Joann McKay, UND Class of 1955 and John and Brenda Miller, UND class of 1980.



The weight facilities (counterclockwise from the top): Hyslop Sports Center, Memorial Stadium, Betty Engelstad Sioux Center, Ralph Engelstad Arena and the Memorial Stadium.

Sports Medicine



One of the unfortunate aspects of athletics is that injuries do occur. However, the 500-plus athletes from UND's 21 athletic teams are under excellent care thanks to the UND Division of Sports Medicine and its umbrella of staff, facilities and training.

With a staff of eight faculty athletic trainers, two graduate assistant athletic trainers and 30 athletic training students headed by director of sports medicine Steve Westereng, UND student-athletes are in good hands, returning them quickly and safely to participation.



Steve Westereng
Dir. of Sports Med.

The UND Division of Sports Medicine was formed in 1990. Additionally, the development of the Bachelor of Science in Athletic Training Degree and the UND Center for Sports Medicine was founded. The athletic training education program was the first program in the nation to be placed directly in a school of medicine and is housed within the Department of Family Medicine and combines the efforts of the UND Athletic Training program and the UND School of Medicine and Health Sciences.

Before the transition, UND did not offer a major in athletic training. It was only a field of concentration in the College of Arts and Sciences.

UND's progressive thinking makes the institution a leader in the field of athletic training. Moreover, the program's affiliation with the School of Medicine helps both the athletic training student and the student-athlete. Completion of the Bachelor of Science in Athletic Training allows the student to sit for the National Athletic Trainer's Association Board of Certification exam to become a Certified Athletic Trainer (ATC).

The student-athletes also benefit from having a wealth of competent individuals getting them back into action.

In order to be accepted into the athletic training program, which received a seven-year accreditation in 2001 from CAAHEP, a student must complete 100 hours of observation, fill out a formal application, and have a minimum GPA of 2.75.

The Division of Sports Medicine also has an outpatient facility, the UND Center for Sports Medicine, which specializes in rehabilitation of orthopedic injuries. UND student athletes, as well as the general public, utilize this facility to decrease pain, increase strength, and improve range of motion of injuries. Many of the injuries seen in the Center for Sports Medicine are significant, such as pre and post surgical issues. The Center is staffed by Cathy Ziegler, PT/ATC, and Robin Paine, PT/ATC, who have experience with high school, college, and professional athletes.

Academic Success



Academic All-Americans

Volleyball

1991	Karla Danielson	2nd Team
2002	Kate Cahill	3rd Team

Football

1984	Glen Kocera	2nd Team
1987	Kurt Otto	1st Team
1988	Chuck Clairmont	1st Team
	Rusty Ekness	2nd Team
	Matt Gulseth	1st Team
1992	Mark Ewen	1st Team
	Tim Gelinske	1st Team
1996	Tim Tibesar	1st Team
1998	Marcus McKenzie	2nd Team
1999	Brant Grimes	2nd Team
2001	Mac Schneider	2nd Team
2002	Mac Schneider	1st Team
2004	Jesse Ahlers	2nd Team
2005	Jeff Glas	1st Team
	Digger Anderson	2nd Team
	Danny Gagner	2nd Team

Baseball

1978	Lowell Schweigert	2nd Team
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Softball

2002	Holly Bonk	3rd Team
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Women's Basketball

1985	Lori Carriere	2nd Team
1992	Jenny Walter	1st Team
1994	Tracey Pudenz	1st Team
1999	Jaime Pudenz	3rd Team
2000	Jaime Pudenz	2nd Team
2003	Jenny Boll	3rd Team
	Becky Moen	3rd Team

Women's Tennis

2005	Erin Sullivan	3rd Team
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Women's Swimming & Diving

1984	Kim Edwards	3rd Team
1985	Kim Edwards	2nd Team
1990	Janine Etchepare	2nd Team
1991	Janine Etchepare	1st Team
2001	Katie Bjerke	2nd Team
2002	Katie Bjerke	1st Team
2005	Lauren Mickelson	3rd Team

Men's Swimming & Diving

1993	Carlo Waldfried	3rd Team
1999	Ryan Requist	2nd Team
2000	Ryan Requist	1st Team
2001	Ryan Requist	1st Team
2002	Sebastian Andersson	3rd Team
2004	Sebastian Andersson	2nd Team

Women's Track & Field

1984	Kari McIntire	3rd Team
1985	Kari McIntire	2nd Team
1992	Steph Bruening	2nd Team
1993	Steph Bruening	1st Team
1994	Steph Bruening	1st Team

Men's Track & Field

1989	Steve Burian	1st Team
1990	Steve Burian	1st Team
1999	Marc Sondreal	1st Team
2002	Mike Backes	1st Team

Men's Hockey

2000	Karl Goehring	2nd Team
2001	Karl Goehring	1st Team

Men's Wrestling

1990	Kris Presler	1st Team
1991	Kris Presler	1st Team

UND's All-Time NCAA Postgraduate Scholarship Recipients

1979	Dale LianFootball
1980	Todd ThomasFootball
1981	Doug MoenFootball
1982	Paul FranzmeierFootball
	Alison MyhraTennis
1984	Glen KuceraFootball
1988	Kurt OttoFootball
	Matt GulsethFootball
1991	Kris PreslerWrestling
	Steve BurianTrack & Field
1992	Tim GelinskeFootball
	Jenny WalterBasketball
1996	Tim TibesarFootball
	Tom LangerFootball
1998	Tiffany PudenzBasketball
2000	Stacy BrownSwimming
	Jaime PudenzBasketball
2001	Missy BergTrack & Field
	Karl GoehringHockey
	Becky LeppardTrack & Field
	Ryan RequistSwimming
2002	Mike BackesTrack & Field
	Katie BjerkeSwimming
2003	Kate CahillVolleyball
	Kelby KlostermanFootball
	Becky MoenBasketball
2004	Jessica SchillTrack & Field

2005-06 Team GPAs

The University of North Dakota Athletic Department is proud to announce that for the 16th time in the past 17 semesters, the student-athletes at UND have maintained a grade point average over 3.0. The spring semester of 2006 saw 284 student-athletes average a 3.00 GPA, and 272 in the fall semester of 2005

Sport	Fall '05 GPA	Spring '06 GPA	4.0s
Baseball	2.92	2.95	0
Men's Basketball	2.64	2.59	0
Women's Basketball	3.31	3.18	0
Men's Cross Country	3.36	3.06	0
Women's Cross Country	3.52	3.66	0
Football	2.78	2.96	9
Men's Golf	3.09	3.08	2
Women's Golf	3.55	3.51	0
Men's Hockey	3.06	2.82	0
Women's Hockey	3.13	3.19	0
Women's Soccer	3.13	3.23	0
Softball	2.79	2.81	2
Men's Swimming	2.59	2.86	0
Women's Swimming	3.20	3.32	4
Women's Tennis	3.07	3.15	2
Men's Track	3.27	3.09	1
Women's Track	3.27	3.68	6
Volleyball	3.26	3.44	4
Total	3.121	3.142	30

UND's All-Time North Central Conference Stan Marshall Award Winners

Males

1991	Kris Presler	Wrestling
1993	Tim Gelinske	Football
1996	Tim Tibesar	Football
2003	Kelby Klosterman	Football
2004	Sebastian Andersson	Swimming

Females

1985	Kim Edwards	Swimming
1986	Janine Owens	Swimming

UND's All-Time NCAA Postgraduate Scholarship Recipients

Dale Lian	1979	Football	Stacy Brown	2000	Swimming & Diving
Douglas Moen	1981	Football	Jaime Pudenz	2000	Basketball
Paul Franzmeier	1982	Football	Melissa Berg	2001	Track & Field, Outdoor
Alison Myhra	1982	Tennis	Karl Goehring	2001	Hockey
Glen Kucera	1985	Football	Rebekah Leppard	2001	Track & Field, Outdoor
Kurt Otto	1988	Football	Ryan Requist	2001	Swimming & Diving
Matthew Gulseth	1989	Football	Mike Backes	2002	Track & Field, Outdoor
Steve Burian	1991	Track & Field, Outdoor	Katie Bjerke	2002	Swimming & Diving
Kristopher Presler	1991	Wrestling	Kate Cahill	2003	Volleyball
Jennifer Walter	1991	Basketball	Kelby Klosterman	2003	Football
Timothy Gelinske	1993	Football	Becky Moen	2003	Basketball
Scott Guldseth	1993	Basketball			
Thomas Langer	1997	Football			
Timothy Tibesar	1997	Football			
Jason Wagner	1997	Wrestling			
Tiffany Pudenz	1998	Basketball			
Marc Sondreal	1999	Track & Field, Outdoor			

National Champions



Men's Hockey • National Champions
 1959, 1963, 1980, 1982, 1987, 1997, 2000

Football • National Champions • 2001

Women's Basketball • National Champions • 1997, 1998, 1999

Individual National Champions

1969	Arjan Gelling	Track & Field (Six Mile)			
1984	Kim Edwards	Swimming (50 Free)			
1985	Dave Levos	Track & Field (Shot Put)			
	Mary Beth Dunlevy	Swimming (100 Fly, 200 Freestyle Relay)			
	Kim Edwards	Swimming (200 Freestyle Relay)			
	Janine Owens	Swimming (200 Freestyle Relay)			
	Peggy Schmidt	Swimming (200 Freestyle Relay)			
1986	Dave Levos	Track & Field (Discus)			
1987	Norm McGee	Track & Field (100M, 55M)			
1988	Norm McGee	Track & Field (100M, 55M)			
1989	Norm McGee	Track & Field (100M)			
1989	Janine Etchepare	Swimming (200 Medley Relay)			
	Kristin McClocklin	Swimming (200 Medley Relay)			
	Michelle Puetz	Swimming (200 Medley Relay)			
	Jodie Schwartz	Swimming (200 Medley Relay)			
1990	Janine Etchepare	Swimming (50 Freestyle)			
1990	Marion Warner	Swimming (110 Breaststroke, 100 Butterfly, 200 Medley Relay)			
	Janine Etchepare	Swimming (200 Medley Relay)			
	Michelle Puetz	Swimming (200 Medley Relay)			
	Jodie Schwartz	Swimming (200 Medley Relay)			
1991	Shelly Ebbighausen	Swimming (200 Medley Relay)			
	Janine Etchepare	Swimming (200 Medley Relay)			
	Jodie Schwartz	Swimming (200 Medley Relay)			
	Marion Warner	Swimming (200 Medley Relay)			
1992	Shelly Ebbighausen	Swimming (100 Butterfly)			
1993	Shelly Ebbighausen	Swimming (100 Butterfly)			
1993	Tisha Yantzer	Swimming (200 Breaststroke)			
1994	Marie Crep	Track & Field (800 Meter)			
	Andrea Rudser	Swimming (100 Butterfly, 200 Butterfly)			
1997	Tania Younkin	Swimming (100 Butterfly)			
1998	Tara Bruels	Swimming (200 Medley Relay)			
	Sarah Doeden	Swimming (200 Medley Relay)			
	Katherine Poole	Swimming (200 Medley Relay)			
	Tania Younkin	Swimming (200 Medley Relay)			
1999	Sarah Doeden	Swimming (200 Medley Relay)			
	Rebecca Fischer	Swimming (400 Individual Medley)			
	Brook McKee	Swimming (200 & 400 Medley Relay)			
	Beth Morris	Swimming (100 Breaststroke, 200 & 400 Medley Relay)			
	Holly Skarsgard	Swimming (200 & 400 Medley Relay)			
2000	Trish Stoutenberg	Swimming (400 Medley Relay)			
	Marie Burdckhard	Swimming (200 Medley Relay)			
	Barb Colbert	Swimming (200 & 400 Medley Relay)			
	Brook Mckee	Swimming (200&400 Medley Relay)			
	Beth Morris	Swimming (200 & 400 Medley Relay)			
	Trish Stoutenberg	Swimming (400 Medley Relay)			
2001	Sebastian Andersson	Swimming (200 Medley Relay)			
	Mats Liden	Swimming (200 Medley Relay)			
	Jacob Mills	Swimming (200 Medley Relay)			
	Vesa Nurmiiviita	Swimming (200 Medley Relay)			
2002	Fernando Alves	Swimming (400 Medley Relay)			
	Sebastian Andersson	Swimming (400 Medley Relay)			
	Janice Berry	Swimming (400 Individual Medley, 200 Breaststroke)			
	Andrew Burckhard	Swimming (200 Medley Relay)			
	Rodrigo Cintra	Swimming (1650 Freestyle)			
	Mats Liden	Swimming (200 & 400 Medley Relay)			
	Jacob Mills	Swimming (200 & 400 Medley Relay)			
	Beth Morris	Swimming (100 Breaststroke)			
	Vesa Nurmiiviita	Swimming (200 Medley Relay)			
2003	Fernando Alves	Swimming (400 Medley Relay)			
	Erin Borgschatz	Diving (1 Meter)			
	Andrew Burckhard	Swimming (400 Medley Relay)			
	Jacob Mills	Swimming (400 Medley Relay)			
	Jeffrey Schneider	Swimming (400 Medley Relay)			
2004	Fernando Alves	Swimming (200 Freestyle Relay, 100 Butterfly, 200 Butterfly & 400 Freestyle Relay)			
	Sebastian Andersson	Swimming (400 Freestyle Relay)			
	Jenny Bachmeier	Swimming (100 Backstroke)			
	Andy Burckhard	Swimming (200 Freestyle Relay)			
	Rodrigo Ferreira	Swimming (200 Freestyle Relay, 100 Backstroke)			
	Jason Mraule	Swimming (200 Freestyle Relay, 400 Freestyle Relay)			
	Kasey Moseley	Diving (1 Meter)			
2005	Fernando Alves	Swimming (100 Butterfly & 200 Freestyle Relay)			
	Rodrigo Ferreira	Swimming (100 Backstroke & 200 Freestyle Relay)			
	Eric Knight	Swimming (200 Freestyle Relay)			
	Jason Mraule	Swimming (200 Freestyle Relay)			
	Rodrigo Cintra	Swimming (500 Freestyle)			
2006	Jeff Schneider	Swimming (200 Medley Relay)			
	Jared Peters	Swimming (200 Medley Relay, 400 Medley Relay)			
	Eric Knight	Swimming (200 Medley Relay)			
	Rodrigo Ferreira	Swimming (100 Backstroke, 400 Freestyle Relay, 200 Medley Relay, 400 Medley Relay)			
	Pedro Pereira	Swimming (400 Medley Relay)			
	Per Westergren	Swimming (400 Freestyle Relay, 400 Medley Relay)			
	Adam Rollins	Swimming (400 Freestyle Relay)			
	Eric Knight	Swimming (400 Freestyle Relay)			

Conference Dominance



League Titles



Men's Hockey

1958, 1965, 1967, 1979, 1980, 1982, 1987, 1997, 1998, 1999, 2001, 2004



Football

1928, 1929, 1930, 1931, 1934, 1936, 1937, 1939, 1958, 1964, 1966, 1971, 1972, 1974, 1975, 1979, 1993, 1994, 1995, 1999, 2001, 2003, 2005

Women's basketball

1990, 1991, 1993, 1994, 1998, 1999, 2001, 2002, 2005, 2006

Women's Swimming and Diving

1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2006

Women's Golf

1997, 2005

Men's Basketball

1928, 1934, 1935, 1936, 1937, 1954, 1955, 1965, 1966, 1967, 1974, 1975, 1976, 1977, 1982, 1990, 1991, 1995

Women's Cross Country

1992, 1994, 1996, 2001

Men's Swimming and Diving

1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1998, 2000, 2001, 2002, 2003, 2004, 2005, 2006

Women's Tennis

1984, 2003, 2004

Men's Cross Country

1968

Men's Golf

1937, 1942, 1956, 1963, 1964, 1965, 1966, 1968, 1970, 1974, 1979, 1980, 1981, 1982, 1996, 1997, 1998, 1999

Baseball

1962, 1967

Men's Outdoor Track and Field

1933, 1934, 1937, 1938



Division II Director's Cup Finishes

Year	Finish	Points
1995-96	8th	361.5
1996-97	21st	310
1997-98	13th	230
1998-99	6th	310
1999-2000	3rd	553.5
2000-01	2nd	539
2001-02	7th	527
2002-03	30th	353.5
2003-04	4th	574.5
2004-05	4th	584
2005-06	23rd	349.5

Pictured above, left to right

Kristi Boese - NCC women's basketball Most Valuable Player

Cristi Lindsey - NCC Diver of the Year

Rodrigo Ferreira - NCC men's Swimmer of the Year

Casie Hanson - NCC softball Freshman of the Year

Dan Zabler - NCC swimming Newcomer of the Year



The 2005-06 women's basketball team won the NCC Wells Fargo Finals.

About Grand Forks



Grand Forks, N.D., is a classic university town. Located in the heart of the Red River Valley on Interstate 29, the largely residential town offers a community environment with all the amenities of a large urban area and the safety and convenience of a small community, yet is within driving distance of many great amenities in the region.



Greater Grand Forks is an impressively cosmopolitan city, boasting a regional population of roughly 75,000 residents and spanning two states. Because of its diversity, there's always live theatre, musical performances, art shows or a concert from rock to the Grand Forks Symphony somewhere in Grand Forks:

- Alerus Center
- Ralph Engelstad Arena complex
- The North Dakota Museum of Art
- Grand Cities Art Fest
- Empire Arts Center
- Fire Hall Theatre
- Chester Fritz Auditorium
- First Night Celebration

Grand Forks has outdoor activities for every season:

- 900 acres of park land with trails, sports fields, courts, lakes, and playground equipment.
- The Greenway - 2,200 acres along the Red River
- Twenty miles from Turtle River State Park.
- Five golf courses including King's Walk, the only PGA-rated golf course in North Dakota.
- One-of-a-kind Japanese Garden at Sertoma Park.



Wherever one lives in Grand Forks, great shops and restaurants are always within a short distance. Additional commercial growth has sprouted at the southwest end of the city, anchored by the Columbia Mall and Market Place. However, the heart of the Grand Cities is downtown, which spans the Red River. Downtown features a large variety of options and events, from a Farmer's Market at the Town Square to fine dining.

All information courtesy of The Chamber of Grand Forks and East Grand Forks.